



a Porsche for the day

...go on - spoil yourself

Imagine touring Macarthur and the Southern Highlands in a Porsche Boxster, visiting gorgeous vineyards and in-between, roaring down picturesque winding country roads in a topless roadster. No need for me to imagine. I did just that late in Spring courtesy of Sports Car On Hire. Yes, my job is pretty good.

Sports Car On Hire is a Narellan based business owned and operated by Porsche fans Paul and Yasmin. Between them and their business, they own quite a few of the thoroughbred Germans autos. Their business concept is new to our district, but many other regions have had access to this type of salubrious touring for a while.

We met at the Narellan garage which is appropriately packed with Porches - all silver. A quick briefing and the offer of tea and cakes - I declined. The next question was auto or manual? "Manual," I fired back before Paul had finished his sentence. I can't imagine wasting the opportunity to drive such a wonderfully balanced and powerful machine in an automatic. That decision was rewarded with a number of up hill entries to 100kh roads. Man! Progressing through the gears with some serious revs was a joy - and the sound!

The lead Boxster on the spectacular Tourist Road



DINING



BEDDING



LOUNGES



We drove through Camden out past The Oaks, Oakdale across to Thirlmere and then into the Southern Highlands. It was cool and my awareness to bring a jacket brought a smile to my face. My next realisation was that until we stopped next I couldn't put it on. It was cold at 100kh with no top on... so to speak.

When we arrived at the very grand Centennial Vineyard Bowral, the conversation was instantly about the cold. But the sun was out now and it turned out to be very much a turning point in the day. We 'coffeed' in a courtyard at the rear of the gorgeous and opulent restaurant. It is a serene and heady environment - in a decadent country club way. So much so, that we left a little late from our first stop. The next drive was amazing and I recommend you experience it - even in your Hyundai Excel.

We turned left off the highway at Fitzroy Road, before entering Range Road and headed out on to the farm studded rolling hills east of Mittagong. The road winds along the edge of rural hills, past grand country estates that could have featured on 'Lifestyles of the Rich and Famous'. Eventually we came to a T intersection marked 'Tourist Road'. A left turn offers one of the aforementioned opportunities to let the 200+kW engine roar up a gentle incline. This road is stunning. An ever changing canopy of tree species creates tunnel after tunnel of spectacular natural beauty. The Porsches in front and behind certainly don't detract from the scene.

We eventually link up with the Illawarra Highway and drive back through Robertson and Mossvale to Bowral where our lunch destination awaits.

The Porsches wait patiently at Bendooley Estate while we dine inside.

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Weight loss is the hot topic in the media, with Australia being third in the world for obesity, a frightening consequence of our lifestyles.



lost 15kgs in 6 weeks



lost 9kgs in 3 weeks & has maintained for 2 years
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Dermico Anti-Ageing and Weight Loss Clinic and Eden Spa in Camden have joined forces to help reduce the statistics.

Dr Agnes Warchalowski, Cosmetic Physician from DermiCo, provides a range of anti-ageing services at Eden Spa, including a prescription diet program that has helped over 400 patients lose weight and keep it off.

The program is medically supervised and involves the use of a prescribed medication in combination with a specific diet plan. No exercise required. The average fat loss is five to ten kilograms in three weeks and body composition scans show that the weight that is lost is indeed fat loss, not fluid or muscle, so the results are long-term.

The DermiCo weight loss program boasts high success rates – with approximately 70% of participants maintaining their weight within two kilograms.

As Dr Agnes Warchalowski explains: "The reason for our success rate is the efficacy of the medication - it actually works. The results are rapid and that helps with motivation. The new weight is reset within weeks, which means the weight stays off after returning to a normal food intake and there's no prolonged sense of deprivation."

The plan is easy to follow, she continues. "Patients do not feel hungry and actually feel more energetic during the program due to high quality supplements included in the program."

The maintenance part of the program is tailored to the patients Basal Metabolic Rate. Patients are educated on what "normal" food intake is for their goal weight. Dr Agnes states, "This program liberates patients from restrictive or yo-yo dieting as it addresses the hormonal, metabolic, psychological, physical and external factors that affect weight management. The aim is to lose the weight and NEVER need to diet again."

DermiCo
Anti-Ageing and Weight Loss Clinic

For more information
visit DermiCo
www.dermico.com.au
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left and far right. Centennial Vineyard Estate. centre. Our lunch at Bendooley.



The venue is the close to perfect Bendooley Estate. When I told people where we were going, I received universal rave reviews. Wow, Bendooley Estate is superb. You must have lunch there. The scene is spectacular, the food is excellent, and there is a book shop! The famous 'Berkelouw Books' takes up about half the space. It's an eclectic concept but it works big time.

After our delightful stop for lunch, we set off again. This time we turned off the motorway near Yerinbool and headed down Remembrance Drive to Camden. Unfortunately, on one of the only fun bits of this road, we got stuck behind Nanna picking her grandchildren up from school. By now it was hot and sunburn was an issue, driving around topless...

I think the Sports Car On Hire business concept works on two levels. Either it is an indulgence for a couple trying to do something different, or it is an amazing gift for a couple who are difficult to buy for. If you have special friends or relatives who love the good life, this is a great gift idea. It is bucket list worthy.



Tourist Road is an absolute stunner.

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TIME 10am - 2pm

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